

Physical Education Policy

Date	October 2024
Prepared by	Leanne Highton
Approved by	LGB
Review Date	June 2027 or earlier if there are changes to the relevant legislation
Version	V2
Changes	Updates to procedures and scheme of work used



School Vision for PE and Sport

At Crowle Primary Academy we use PE as a driver to develop the whole child. We learn a wide range of skills that we can apply to games and competitions. We also learn that effort, resilience and teamwork are just as important as winning.

We know that we are responsible for our own wellbeing and that leading active lifestyles is a life long choice for all staff and pupils. PE is inclusive to all; everyone should have the opportunity to participate in it, enjoy it and succeed.

Subject aims and objectives

Through a high quality, safe and challenging physical education programme, the school aims to develop successful learners, confident individuals and responsible citizens who develop as independent enquirers, creative thinkers, reflective learners, team workers, self-managers and effective participators. A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims:

The national curriculum for physical education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives.

At Crowle Primary Academy, we feel that our PE lessons allow our children to:

- Develop and show a growth mindset
- Undertake activities which need a different approach and way of thinking; develop their ideas in a creative way
- Set targets for themselves and compete against others, individually and as team members
- Understand what it takes to persevere, succeed and acknowledge others' success
- Respond to a variety of challenges in a range of physical contexts and environments
- Become skilful and intelligent performers
- Discover their own aptitudes and preferences for different activities
- Make informed decisions about the importance of exercise in their lives
- Develop positive attitudes to participation in physical activity

Curriculum and School Organisation

At Crowle Primary Academy we follow the Get Set 4 PE scheme of work which was developed to incorporate the aims and objectives of the National Curriculum. We plan activities so that they build upon prior knowledge, introduce new skills and concepts, give opportunities for skills and concepts to be developed and challenge children's learning.



The school provides KS1 and KS2 with at least two hours, high quality Physical Education a week. This is delivered through two lessons of 1-hour duration. The timetable is designed so that each class has one hour of indoor PE a week, the other hour must be done outdoors. Units of work are blocked to cover two areas of PE at a time so that for a set period of time all the lessons are on the same two areas of activity e.g. Six weeks on Dance and Games.

In the Foundation Stage one session is timetabled per week aimed at physical development. The sessions are between 45 minutes – 1 hour in duration and are aimed towards achievement of the Early Learning Goals. Also throughout the week, continuous provision within the foundation unit provides the children with daily physical development opportunities in excess of 3 hours per day.

The long term plan is centrally designed by the PE Subject Leader and is organised into individual year groups. The school uses the National Curriculum objectives for planning and teachers have access to the Get Set 4 PE website as a resource to aid in the planning process. The schemes are adapted by class teachers accordingly to fit the needs of the children. The units begin with a focus on developing the skills required for a particular sport and build up to application to small sided games. By the end of the unit, all children should have the opportunity to apply their skills within an intra-school competitive format. This would usually be done by organising the class into teams and setting up a tournament.

Where possible, the PE Subject Leader also organises PE sessions to be led by specialist coaches and other professionals alongside the class teachers in various sporting activities to enrich PE provision and to act as CPD for staff.

Teaching staff are expected to evaluate these units, feeding back to the Subject Leader. This allows for curriculum review in relation to content, progression, continuity, teaching and learning. Individual lessons should be evaluated to inform planning and ensure differentiation. Teachers must ensure that when evaluating and improving performance, connections are made between developing, selecting and applying skills, tactics and compositional ideas and fitness and health.

During Key Stage 2, swimming is taught by a swimming instructor with support from the staff. Information on progress and assessment of attainment is provided by the instructor and is checked by the class teacher. The swimming results are published on the school website.

In addition to PE lessons, all children also participate in 30 minutes of active sessions per day. This time is not only made up from active break and lunchtimes but also through other physical activities woven into the school day. An example of this is through regular brain breaks which are completed by each class, each day. Classes may complete a run around the school playground and we also encourage active English and maths where possible.

When the opportunity arises, the children are also encouraged to improve their skills and set their own personal targets and are given opportunities and resources to practise in events such as our termly personal challenges.

School Sports Ambassadors and aspiring sports leaders are used to help promote PE and sport in school.



Cross-Curricular links

Opportunities for the reinforcement of knowledge, skills and understanding developed in other curriculum areas can be exploited through:

- Aspects of numeracy such as counting and measuring;
- Aspects of music such as recognising and responding to a beat;
- Aspects of PSHE such as health and well-being;
- Aspects of science such as forces and the human body.

Inclusion

All aspects of PE are taught in such a way as to include all children regardless of their gender, background, culture or physical ability. Learning objectives are set in line with our Special Needs and Equality Policies.

The school use the principle of STEP for adjusting lesson activities for differentiation. Some children with particular needs may require different activities.

S = change the space available

T = change the time allowed

E = change the equipment, e.g. softer or larger balls, different sized bats, etc.

P = change the people, e.g. size of the groups

Assessment

Teachers assess children's work in PE to establish levels of skill and inform future planning. They do this by observing the children learning during lessons and performance in competitions (self-assessment and assessing units of work). Within each unit of work, the teachers will assess a number of objectives and will then make a judgement for each objective on FFT.

Teachers will assess whether children are working below, at or above expected standards for their age group. Teachers inform parents about children's progress in PE through an annual report and two consultation meetings per year.

Sports Premium

Sport Premium is an amount of money allocated to schools by the Government. The amount schools receive is based upon the number of children of primary age in the school.

The Sport Premium is to be used to develop 5 key areas:

- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- The engagement of all pupils in regular physical activity
- The profile of PE and sport is raised across the school as a tool for whole-school improvement
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sport



It is the responsibility of the PE leader to spend the money with the aim of meeting the 5 key areas, to track what the money is spent on and analyse the impact. The audit tool is published on the school website each year and shared with governors.

Monitoring and review

PE is monitored by the Subject Leader through:

- Subject reviews (on a rota with other foundation subjects)
- Lesson observations
- Analysis of assessment data
- Pupil feedback
- Staff feedback (verbal and written)

As a result of monitoring and evaluation procedures, areas for development for the staff and the whole school are identified and organised into an action plan and a subject SEF.

Professional Development

Staff CPD needs are regularly monitored through staff voice, these give the leader specific insight into individual areas of need. The leader and Headteacher consult and plan the CPD for that year as needed. All staff take part in professional development to ensure secure subject knowledge, awareness of health and safety procedures and up to date knowledge. Staff should be comfortable and competent in the area of activity being taught. Staff indicate where they feel they need support so that this can be provided. All staff who attend CPD courses provide feedback/ disseminate the information. CPD takes place in a range of formats, from in-house staff meetings, to observing coaches deliver specific sports and online learning modules.

Resources and accommodation

Crowle Primary Academy has a hall which is also used as a dining hall. There is fixed large apparatus (climbing frame and ropes) and large floor mats, benches and stools of varying heights. Indoor resources are kept in the hall, outdoor resources are kept in the garage. These are regularly reviewed in order to ensure they are of good quality and appropriate to the range of ages, abilities and needs of the children.

There are two tarmac playgrounds and a large field which can be used by both Key Stage 1 and 2, the larger of the two has two pitches marked out for multi-sports (different coloured lines used for different sports). A small field between the two playgrounds has fixed climbing equipment and is available for outdoor Physical Development activities. The large field is marked with pitches and tracks throughout the year as appropriate.

Foundation Stage children have their own play area which has a range of different surfaces to provide the development of fine and gross motor skills:

Resources should be counted out and counted in, returned in good condition and working order. The pupils are encouraged to:



- Look after resources
- Follow the rules to ensure safe use of the resources
- Use different resources to promote learning and develop skills
- Return all resources tidily and to the correct place (staff should oversee)
- Be told of any safety procedures relating to the carrying or handling of resources.

Any damage, breakage or loss of resources should be reported to the PE Subject Leader as soon as possible. Any damage which could cause subsequent injury must be isolated from use and reported. No other groups or individuals should be able to access the resource until such time as it is made safe.

Out-of-School-hours Learning

Our extra-curricular programme compliments and supplements the range of activities covered in curriculum time. We participate in a range of inter-school fixtures, tournaments and festivals within the local cluster, the multi-academy trust and sports partnerships.

School Club Links

The school seeks to make links with local community clubs whenever possible. We welcome coaches into school to deliver taster sessions for the sports and encourage children to attend.

Parent Links

We aim to keep parents regularly updated with sports news. The Crowle Primary Academy website has a designated Sports Premium page where sporting information is displayed. PE is also celebrated in class news which is also shared via the school website. Parents are invited to attend annual sports events such as sports day. Parents are encouraged to send pictures of their children taking part in sports outside of school which are then displayed on the school PE display board.

